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# CCRC 21 DAYS OF FASTING AND PRAYER

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JANUARY 26 – FEBRUARY 16



**CCRC**  
**21 Days of Prayer and Fasting**  
**January 26 - February 16**

Thank you for joining us in a time of fasting and prayer. We invite you to pray with us over the person, process and provision. God will reveal the person, He will guide our process and He will make provisions for a smooth transition for our church.

Please decide how you will fast and for how long. Each day has a guided prayer and scripture to help focus your day. Those who are unable or do not feel called to fast, please join us in daily prayer. At the end of the day, or at the end of your selected time of fasting and praying, please reflect on any insights God has granted you on the attached paper and share them with the search committee. We will then take these reflections and seek God's favour and guidance as we move on to the next step of our search. You may email your reflections ([admin@mardaloopecrc.org](mailto:admin@mardaloopecrc.org)) or write them out and give them to Kalpana.

The combination of fasting and prayer always brings about transformation. The transformation comes both in us and in those things for which we are praying. Fasting does not force the hand of God. It makes us more aware of what He has already planned and clears the way for manifestation of His will. As we engage and agree in this process, we know that God will hear, reveal and answer our prayers.

**We will break the fast together at the congregational meeting on Saturday, February 16 at noon. More details on this will be forthcoming closer to the day.**

#### FASTING INSTRUCTIONS

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly."

Matthew 6:16-18

Fasting is a denial of physical desires for spiritual benefit. It is a practice that is described throughout the Old and New Testaments. Even Jesus entered into a period of fasting to consecrate Himself before the Lord.

Denying your flesh gives your spirit an opportunity to become more alive, more sensitive, and more open to the Lord's will. Fasting requires great discipline of your soul and restraint of your body. So, it is best to decide ahead of time what you will "take off the table" during your fast and how you will "clear your plate". Prayer and preparation are keys to success. There are many types of fasts. Some of the more common types are complete fasts, selective fasts, partial fasts or soul fasts. Ask the Lord to guide you in your decision of what types of foods you will not eat for these 21 days or in the timing of your meals.

The **Liquid Fast** is a complete fast that involves no intake of solid foods. All food is replaced with liquids. Liquids can be consumed at any time. If you engage in the Liquid Fast, please make sure that you drink plenty of water, and you may also include fruit juices, vegetable juices, herbal teas, smoothies, smooth soups and broths.

**Selective Fasts** involve removing certain elements from your diet. One example of a selective fast is the Daniel Fast. The Daniel Fast is modeled after the spiritual practices of Daniel and his associates as found in the first chapter of Daniel. They chose not to eat delicacies or drink wine. Instead, they ate vegetables and drank water. On the Daniel Fast, abstain from eating meat and animal by-products (dairy products). Let your meals resemble more of a vegetarian or vegan diet by eating what comes from the ground. Eat plenty of fruit and vegetables. You may also include veggie burgers, legumes (beans and peas), whole grains (such as, brown rice, quinoa, barley, whole wheat pasta, rice cakes, popcorn, oats and grits), soy, tofu, nuts and seeds. Along with water, drink fruit or vegetable juices, and herbal teas.

A **Partial Fast** involves abstaining from eating food for a specified portion of the day. For example, one might refrain from eating breakfast and lunch, eating one meal at dinner time instead.

The **Soul Fast** is common for individuals who have health issues that prevent them from making food restrictions and for those who have portions of their lives that are out of balance and need refocusing. However, it is strongly recommended that in addition to a complete, selective or partial fast, we all engage in a soul fast as well. During this consecration period, abstain from anything that would distract you from drawing closer to God. While media may certainly be accessed when necessary for safety and pertinent information, discipline yourself to refrain from idly watching television, excessively using social media, and texting, video chatting and talking on the phone when not necessary. Give God an opportunity to speak to you!

## Daily Consecration Guide

January 26 – February 16, 2019

### Saturday, January 26 Day 1 – TRUST GOD

Proverbs 3:5-6 – “Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all your ways acknowledge Him, and He shall direct your paths.”

**Morning:** Declare your personal trust in God.

**Noon:** Pray for us all to trust God with the process of identifying CCRC's pastor.

**Evening:** Thank God for His trustworthiness.

Dear God, we, the Calgary Community Reformed Church Members, Search Committee, Consistory Members, Candidates and Partners, will trust in the Lord with all of our hearts, and we will not lean unto our own understanding during this Pastoral Search Process, knowing with full assurance that You will direct our path, in Jesus' name we pray. Amen

### Sunday, January 27 Day 2 – DISCERNMENT

I Samuel 16:3, 12 – “I will show you what you shall do; you shall anoint for Me the one I name to you...And the Lord said, “Arise, anoint him; for this is the one!”

**Morning:** Ask the Lord to increase your discernment.

**Noon:** Pray for a keen spirit of discernment for us all and especially for the CCRC Consistory and Search Committee during this process.

**Evening:** Thank God for revealing His visions to you even as you sleep and dream.

Father in the name of Jesus, thank You for helping us not to focus upon outward appearance or stature during this process. For You do not see as man sees. You look at the heart. May we be guided in the same way, in Jesus' name we pray. Amen

### Monday, January 28 Day 3 – STRENGTH

Ephesians 6:10-11 – “Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil.”

**Morning:** Declare your strength in the Lord as you put on His whole armor.

**Noon:** Pray for the strength of all CCRC members during this time of transition.

**Evening:** Thank the Lord for being our strength.

Father, in the name of Jesus, we ask You to help us to not waver or grow weary during this process, but to remain strong in the Lord and in the power of His might. Amen

### Tuesday, January 29 Day 4 – CALLING

1 Samuel 3:9-10 – “Therefore Eli said to Samuel, Go, lie down; and it shall be, if He calls you, that you must say, ‘Speak, Lord, for Your servant hears.’ So Samuel went and lay down in his place. Now the Lord came and stood and called as at other times, ‘Samuel! Samuel!’ And Samuel answered, “Speak, for Your servant hears.”

**Morning:** Ask God to help you hear Him clearly and respond to His calling.

**Noon:** Pray for the new pastor to have a clear and unmistakable visitation from God for this calling to Calgary Community Reformed Church.

**Evening:** Thank God for His presence, His voice and His direction.

Heavenly Father, in the name of Jesus, we thank You in advance that by the power of the Holy Spirit that our new pastor will experience a visitation from You concerning the call to Calgary Community Reformed Church and will answer and obey in Jesus' name we pray, Amen.

### Wednesday, January 30 Day 5 – NEW SEASON

Isaiah 43:18-21 – “Do not remember the former things, nor consider the things of old. Behold, I will do a new thing, now it shall spring forth; shall you not know it? I will even make a road in the wilderness and rivers in the desert...to give drink to My people, My chosen. To this people I have formed for Myself; they shall declare My praise.”

**Morning:** Praise God for making all things new.

**Noon:** Pray for the Pastor Search Committee, Consistory, and CCCRC members to be open to a new season.

**Evening:** Thank God for the new season.

Our Father, we thank You and recognize that You desire to do a new thing at Calgary Community Reformed Church and we will know it. Help us to remember not the former things, nor consider things of old during this transition but to have faith that You are opening up a new way and new path for CCRC and we will receive it, in Jesus' name we pray. Amen

### Thursday, January 31 Day 6 – PURITY

Malachi 3:1-3 – “Behold, I send My messenger, ... But who can endure the day of His coming? And who can stand when He appears? For He is like a refiner's fire and like launderers' soap. He will sit as a refiner and a purifier of silver; He will purify the sons of Levi, and purge them as gold and silver, that they may offer to the Lord an offering in righteousness.”

**Morning:** Ask the Lord to purify your heart and mind

**Noon:** Pray for the CCRC Family to be refined and purified by holy fire.

**Evening:** Thank God for His refining.

Father God, we will endure to the day of Your coming, for You are refining us and purifying us so that we may give You an offering of righteousness. Our motives and intentions are pure, as are our new pastor's. We only want to do Your will. Amen

## Friday, February 1 Day 7 – HOLY SPIRIT BAPTISM

Matthew 3:11 – “I indeed baptize you with water unto repentance, but He who is coming after me is mightier than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and fire.”

**Morning:** Ask the Lord to baptize you with the Holy Spirit and fire.

**Noon:** Pray for the next Senior Pastor to find CCRC as a vibrant body of baptized believers.

**Evening:** Thank the Lord for transforming us by His Spirit and by His fire.

Lord, we thank You that we, the saints at CCRC are baptized believers and we are filled with the fire of the Holy Spirit in Jesus' Name. Thank You for giving us a new leader who is baptized with the Holy Spirit and fire, in Jesus' name. Amen

## Saturday, February 2 Day 8 – FIRE ON THE ALTAR

Leviticus 6:13 – “A fire shall always be burning on the altar; it shall never go out.”

**Morning:** Ask God to always keep your heart aflame with undying passion for Him and the things that He loves.

**Noon:** Pray for continuous fire on the altar at CCRC.

**Evening:** Thank God for His fire in our lives.

Father, we thank You, that Your fire always burns on the Altar at Calgary Community Reformed Church and it shall never go out in Jesus' name. Let your fire continually burn on the altar of our next pastor's heart. Thank You and amen.

## Sunday, February 3 Day 9 – GLORY

Zechariah 2:3-5 – “And there was the angel who talked with me, going out; and another angel was coming out to meet him, who said to him, “Run, speak to this young man, saying: ‘Jerusalem shall be inhabited as towns without walls, because of the multitude of men and livestock in it. For I,’ says the Lord, ‘will be a wall of fire all around her, and I will be the glory in her midst.’”

**Morning:** Praise God for His glory in your life.

**Noon:** Pray for the fortifying of the wall of God's fire around Calgary Community Reformed Church and the glory of the Lord in the midst.

**Evening:** Thank God for His protection and for Him filling us with His glory.

Holy Father, in the name of Jesus, we praise You for making CCRC to stand as a ministry, welcoming many men, women and children. The LORD is a firewall around us and He is the glory in our midst. Our new pastor and family are surrounded by Your wall of fire and filled with Your glory too. Amen

## Monday, February 4 Day 10 – COMPASSION

Matthew 9:36 – “But when He saw the multitudes, He was moved with compassion for them, because they were weary and scattered, like sheep having no shepherd.”

**Morning:** Ask the Lord to fill you with His compassion for people.

**Noon:** Pray for our pastor's heart of compassion.

**Evening:** Thank God for His loving kindness and tender mercies.

Father God, in the name of Jesus, we pray for our pastor to be filled with compassion for Your people in Calgary and at Calgary Community Reformed Church, knowing that God IS our Shepherd, advancing the Kingdom, in Jesus' name. Amen

## Tuesday, February 5 Day 11 – WISDOM

Proverbs 11:30 – “The fruit of the righteous is a tree of life, and he who wins souls is wise.”

**Morning:** Ask God to give you divine wisdom for soul-winning.

**Noon:** Pray for the Lord to grant our next pastor with a burden for Calgary and skillful wisdom for evangelism in our city.

**Evening:** Thank God for all of the people who are being saved because of God honoring our prayers today.

Lord of the Harvest, thank You for filling Calgary Community Church's pastor with wisdom, knowledge and understanding of strategic methods for winning souls for Christ with the Lord's compassion. The fruit of the righteous is the tree of life in Jesus' name. Amen!

## Wednesday, February 6 Day 12 – ANOINTING

Luke 4:18-19 – “The Spirit of the Lord is upon Me, because He has anointed Me to preach the gospel to the poor; He has sent Me to heal the broken-hearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed; to proclaim the acceptable year of the Lord.”

**Morning:** Praise God for His Spirit being upon you.

**Noon:** Pray for our new pastor to deliver the Gospel of the Kingdom with supernatural results

**Evening:** Thank God for His anointing that bring results.

Father God, in the name of Jesus, the new pastor of Calgary Community Reformed Church follows the teachings of Jesus Christ with sound doctrine, and is filled with the Spirit of the LORD, fully anointed to preach the gospel to the poor, to heal the broken-hearted, to proclaim liberty to the captive, to recover sight to the blind, to liberate the oppressed and to proclaim the year of the LORD. We thank You, Father. Amen

#### Thursday, February 7 Day 13 – FIVE-FOLD MINISTRY

Ephesians 4:11-12 – “And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ.”

**Morning:** Ask God to continually equip you for the work of the ministry.

**Noon:** Pray for the new pastor to operate in excellence in the offices of the Five-Fold Ministry.

**Evening:** Thank God for a pastor who is well able to equip and edify the Body of Christ.

Father, we thank You that the new pastor at Calgary Community Reformed Church excels in church operation, especially operating in order and unity in the Five-Fold Ministry as an Apostle, Prophet, Evangelist, Pastor and Teacher. We declare it is so in Jesus' name. Amen.

#### Friday, February 8 Day 14 – OUTPOURING

Acts 2:3-4 – “Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.”

**Morning:** Ask God for a fresh outpouring of His Spirit in your life.

**Noon:** Pray that our Holy Father fills the temple at Calgary Community Reformed Church, its pastor and its members with the fire power of the Holy Spirit

**Evening:** Thank God for resting on us and in us by Your Holy Spirit.

Father God, thank You for the Baptism of the Holy Spirit at CCRC; thank You for fire upon each person and the infilling of the Holy Spirit with evidence of the outpouring of your gifts. in Jesus' name. Amen

## Saturday, February 9 Day 15 – TITHES

Malachi 3:8-10 – “Will a man rob God? Yet you have robbed Me! But you say, ‘In what way have we robbed You?’ In tithes and offerings. You are cursed with a curse, for you have robbed Me, even this whole nation. Bring all the tithes into the storehouse, that there may be food in My house, and try Me now in this,” says the Lord of hosts, “If I will not open for you the windows of heaven and pour out for you such blessing that there will not be room enough to receive it.”

**Morning:** Commit to the Lord to be consistent in faithfully sowing tithes & offerings

**Noon:** Pray that all members of the Lord's house at CCRC faithfully honor the Lord with tithes and offerings.

**Evening:** Thank the Lord for the blessings that He has released because of your obedience in tithing and giving offerings to Him.

Father, forgive those who rob You and impact the blessing You desire for the House of God. Cause us all to obey You with our finances, honoring You with our income and bringing all the tithes into the storehouse for the advancing of Your Kingdom. Amen

## Sunday, February 10 Day 16 – HEALING

II Chronicles 7:14 – “If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.”

**Morning:** Make a commitment to humble yourself, pray, seek God's face, and turn from your wicked ways.

**Noon:** Pray that CCRC, the Search Committee and every Pastoral Candidate will humble themselves, pray, seek God's face and turn from any wicked ways, so that God will hear, forgive and bring healing to CCRC.

**Evening:** Thank God for hearing us and healing us.

Lord, in the name of Jesus, we submit to Your process in humility, repentance, prayer and seeking Your face. Thank You for forgiveness and healing in the Body of Christ. Let us see the oil flowing over Your choice for our pastor in Jesus' name. Amen

## Monday, February 11 Day 17 – GROWTH

Acts 2:42-47 – “And they continued steadfastly in the apostles’ doctrine and fellowship, in the breaking of bread, and in prayers... So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart, praising God and having favor with all the people. And the Lord added to the church daily those who were being saved.”

**Morning:** Ask God to show you how to increase or improve your fellowship with other CCRC members and how you can bring more people from your community into the fellowship.

**Noon:** Pray that CCRC will continually advance in vital church growth with love and sharing.

**Evening:** Thank God for adding people to CCRC daily!

Father God, in the name of Jesus Christ, CCRC continues in the apostles’ doctrine with fellowship, breaking of bread and all prayers, winning souls in unity and love. Thank You for a pastor who leads us in giving and sharing with each other, with the community and with nations. Amen

## Tuesday, February 12 Day 18 – VISION

Habakkuk 2:1-3 – “I will stand my watch and set myself on the rampart, and watch to see what He will say to me, and what I will answer when I am corrected. Then the Lord answered me and said: ‘Write the vision and make it plain on tablets, that he may run who reads it. For the vision is yet for an appointed time; but at the end it will speak, and it will not lie. Though it tarries, wait for it; because it will surely come, it will not tarry.’”

**Morning:** Ask the Lord to open your eyes to see the vision of the future that He has set before you.

**Noon:** Pray for our new pastor's vision.

**Evening:** Thank God for clear vision.

Father, grant Your new pastor at Calgary Community Reformed Church the ability to clearly write Your vision for CCRC for this season and beyond by standing and watching to see what You will say. We will run with it at the appointed time in Jesus’ name. Amen

Wednesday, February 13 Day 19 – SERVANT'S HEART

Matthew 20:26-28 – “Yet it shall not be so among you; but whoever desires to become great among you, let him be your servant. And whoever desires to be first among you, let him be your slave just as the Son of Man did not come to be served, but to serve, and to give His life a ransom for many.”

**Morning:** Ask the Lord to help you to serve more than you want to be served.

**Noon:** Pray for the new pastor's servant's heart

**Evening:** Thank God for the ability to serve others.

Thank You, Father, that the pastor at CCRC comes to serve just as the Son of Man came to the earth in His Humanity to humbly serve and to give His life for many. CCRC 's pastor has a servant's heart for the people of God in Jesus' name. Because of this selfless willingness to serve, we ask You to please protect our pastor's heart. Amen!

Thursday, February 14 Day 20 – UNITY

John 17:11 – Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are.

**Morning:** Ask God to make you One with our Heavenly Father.

**Noon:** Pray that Calgary Community Reformed Church and the new pastor become one with God and one another, just as Jesus became One with His Father.

**Evening:** Thank God for unity.

Heavenly Father, thank You for being our God. We pray that our new pastor and our church will become one in unity with You, just as You and Your Son Jesus Christ are One. We declare and decree it is so, in Jesus' name. Amen

Friday, February 15 Day 21 – HEADSHIP

Hebrews 1:7-9 – “And of the angels He says: ‘Who makes His angels spirits And His ministers a flame of fire.’ But to the Son He says: ‘Your throne, O God, is forever and ever; a scepter of righteousness is the scepter of Your kingdom. You have loved righteousness and hated lawlessness; therefore God, Your God, has anointed You with the oil of gladness more than Your companions.’”

**Morning:** Acknowledge Jesus Christ as your Lord and Savior, the head of your life.

**Noon:** Pray that the new pastor and Calgary Community Reformed Church continue to see Jesus Christ as the Head of the Church with Christ seated on the Throne of God forever.

**Evening:** Thank the Lord for being on the Throne!

Heavenly Father, we seek Your face and we submit to Jesus Christ, who is the Head of the Church. We bow before Him on Your throne forever and ever. Your Kingdom is an everlasting Kingdom. You are our Shepherd and our Lord. We thank You for supplying all of our need in Jesus' great name. Amen!



